

# Three Exclusive Executive Coaching Offerings for 2021

Celebrating 20 Years of the Face of Leadership®!

Stay at home orders, virtual learning for children of all ages, travel restrictions, office limitations, company layoffs and reorganizations, global economic issues and health concerns . . . 2020 was a year like no other! In response to the challenges, realities, and opportunities leaders will face in 2021, Paragon is excited to present three customized Executive Coaching offerings in celebration of Paragon's 20-Year Anniversary.

## Executive Coaching in the VIRTUAL WORLD

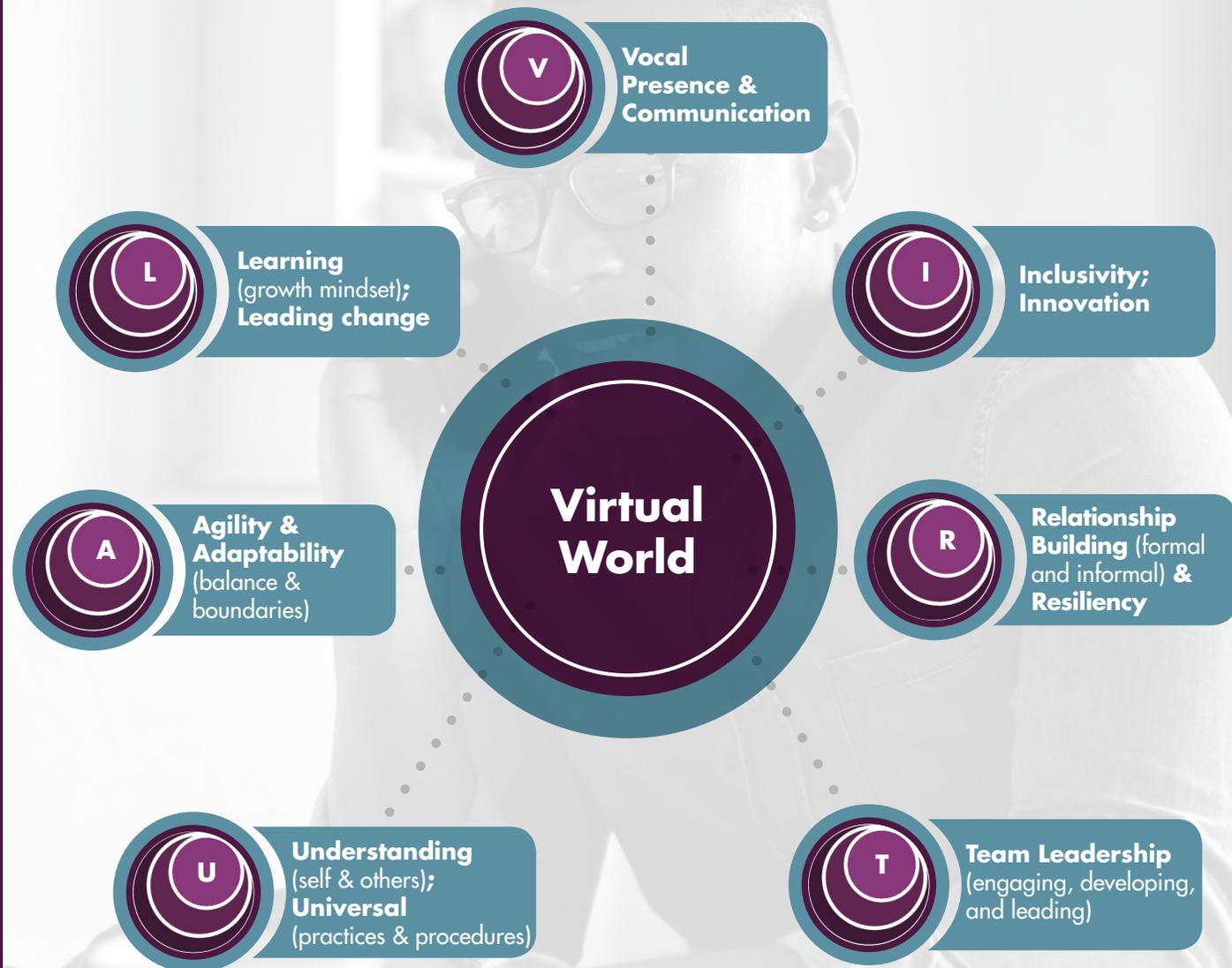
In today's virtual world, learn how to increase satisfaction and results to drive overall effectiveness.

## Holistic Executive Coaching . . . where mind & body connect with Leadership Goals

## MicroCoaching®

Coaching service that maximizes TIME while increasing ROI.

# Executive Coaching for the VIRTUAL WORLD



With Paragon's "Leading in a Virtual World Assessment" identify which elements are your greatest strengths as well as opportunities to help drive satisfaction and results. Build and execute on the plan that drives your overall effectiveness while supported by your executive coach.



paragon®  
leadership international

20 Years of Making a Difference  
in the Future Face of Leadership®

# Holistic

## Executive Coaching

where mind & body connect  
with Leadership Goals.

Customized approach, working with  
an executive coach as well as nutrition,  
fitness, and mindfulness experts.

### If you or your leaders are:

- Struggling finding a healthy state of work-life balance
- Lack productivity, working in the virtual world
- Feeling a lack of energy that is impacting levels of work satisfaction and effectiveness
- Feeling overwhelmed, anxious, or stressed

Paragon's Holistic Executive Coaching may be the greatest motivation you can give yourself or your leaders!

### BALANCED

Based on 20 hours

14 hours for executive coaching and your choice of 6 hours selected across mindfulness, fitness, or nutrition.

### FOCUSED

Based on 6 hours

4 hours for executive coaching and your choice of 2 hours selected across mindfulness, fitness, or nutrition.

**Exclusive 2021 offering.**

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**Mindfulness**

**Executive  
Coaching**

**Nutrition**

**Fitness**

### How it works

Your executive coach will help you create a customized development plan anchored in executive coaching, with ancillary support from our nutrition, fitness, and mindfulness experts.



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# MicroCoaching®

Coaching service that maximizes TIME while increasing ROI.

## If you or your leaders are

- Challenged with expanded responsibilities, or significant position or organizational changes
- Needing to ramp up quickly in an area of targeted skill or learning
- Feeling as if you or your leaders are swimming upstream just to keep up and have lost all sense of work-life balance
- Needing to lead a virtual team through disruptive and uncharted terrain
- Needing career direction or infused positive energy to remotivate in the virtual world

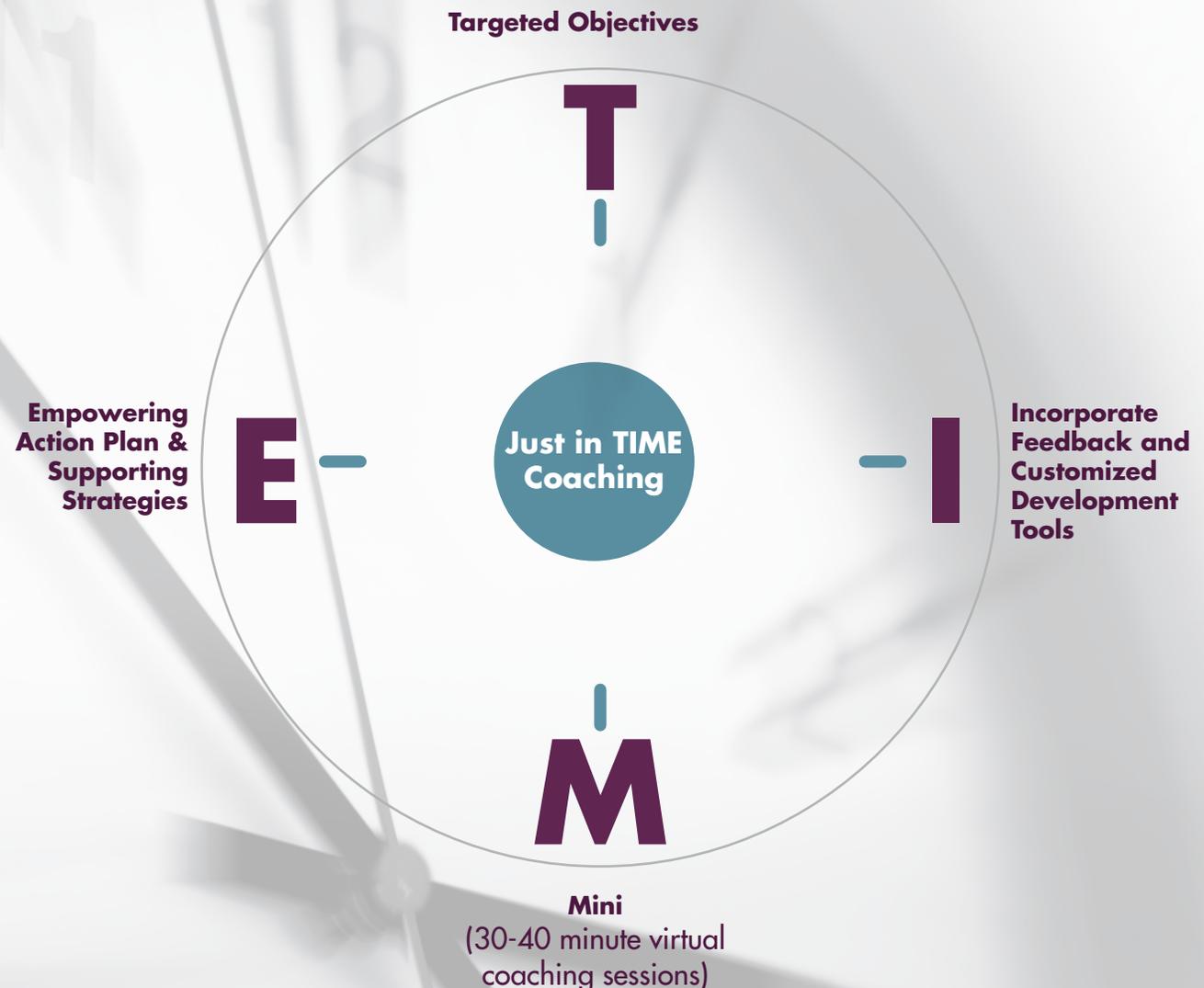
**Then MicroCoaching® may be the greatest investment you can make to net rapid favorable outcomes.**

## Contact Paragon to begin creating a customized plan to include:

- Up to 6 mini (30-40 minute) virtual coaching sessions
- Exclusive development tools
- Tailored development plan for sustainable change and support

# MicroCoaching®

Where a little coaching goes a long way.



Paragon's signature **MicroCoaching®** allows leaders to quickly respond to their changing dynamics by offering laser-focused, concentrated, short-term coaching. Attacking the challenges one faces today will accelerate the growth and development needed for tomorrow.